



Monday	Tuesday	Wednesday	Thursday	Friday
Apple Cinnamon Cheerios 100% Juice WG Tiger Bites Grahams Fresh Gala Apple 1% White Milk or 1% Chocolate Milk 2	*New* Froot Loop Waffle 100% Orange-Tangerine Juice Applesauce Cup 1% White Milk or 1% Chocolate Milk 3	Bag Breakfast WG Bagel with Cream Cheese 100% Juice Mixed Fruit Cup 1% White Milk or 1% Chocolate Milk 4	WG Apple Muffin 100% Juice Giant Vanilla Goldfish Fresh Banana 1% White Milk or 1% Chocolate Milk 5	Bag Breakfast WG Goody Bun 100% Juice Fresh Orange 1% White Milk or 1% Chocolate Milk 6
Bag Breakfast Blueberry Chex Cereal 100% Juice Cinnamon Bug Bites Diced Pear Cup 1% White Milk or 1% Chocolate Milk 9	IW Waffle Blueberry 100% Orange-Tangerine Juice Fresh Orange 1% White Milk or 1% Chocolate Milk 10	Bag Breakfast Cinnamon Goldfish Cracker 100% Juice Dannon Nonfat Creamy Yogurt Fresh Gala Apple 1% White Milk or 1% Chocolate Milk 11	Bag Breakfast WG Blueberry Muffin Goldfish Grahams Craisins 100% Juice Giant Vanilla Goldfish Fresh Orange 1% White Milk or 1% Chocolate Milk 12	Bag Breakfast Apple Roll Peach Cup 100% Juice Diced Peach Cup 1% White Milk or 1% Chocolate Milk 13
Bag Breakfast Cinnamon Chex 100% Juice WG Tiger Bites Grahams Diced Peach Cup 1% White Milk or 1% Chocolate Milk 16	Bag Breakfast Double Chocolate Oatmeal Bar 100% Juice Giant Cinnamon Goldfish Fresh Orange 1% White Milk or 1% Chocolate Milk St. Patrick's Day 17	Bag Breakfast WG Bagel with Cream Cheese 100% Juice Fresh Gala Apple 1% White Milk or 1% Chocolate Milk 18	Mini Maple Waffles 100% Apple Juice Fresh Banana 1% White Milk or 1% Chocolate Milk 19	WG Strawberry Pop Tart 100% Juice Mandarin Orange Cup 1% White Milk or 1% Chocolate Milk 20
Bag Breakfast Golden Grahams Cereal 100% Juice Chat Snack Graham crackers Craisins 1% White Milk or 1% Chocolate Milk 23	Bag Breakfast Apple Nutrigrain Bar 100% Juice Giant Cinnamon Goldfish Diced Pear Cup 1% White Milk or 1% Chocolate Milk 24	Bag Breakfast Cinnamon Goldfish Cracker 100% Juice Dannon Nonfat Yogurt Fresh Gala Apple 1% White Milk or 1% Chocolate Milk 25	Mini Bagel with Strawberry Cream 100% Apple Juice Fresh Orange 1% White Milk or 1% Chocolate Milk 26	Bag Breakfast WG Goody Ring 100% Juice Fresh Orange 1% White Milk or 1% Chocolate Milk 27
No School 30	No School 31			



Thought for Thought

Tips & Information

Established in 1989, the National School Breakfast week was created to remind and encourage all students to eat a nutritious breakfast. Research has shown eating breakfast in the morning provides the fuel children need to perform all day. Look to fresh fruits, vegetables, nuts, yogurt or toast for a quick and delicious meal.

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2/11/2026 5:15:41 AM

SCHOOLS ONLY

"or:" = An alternative selection to choose. "WG"=Whole Grain
 1% White & 1%Chocolate Milk
 available daily. (GSRP-white milk only)

****Menu Subject to Change****

